



INSTRUCTIONS FOR INTRAVENOUS SEDATION

1. DO NOT EAT OR DRINK ANYTHING (including water) for at least EIGHT (8) hours prior to your appointment.
2. Oral medications prescribed by your doctor during this EIGHT(8) hour period, may be taken with a SIP OF WATER unless instructed otherwise. Please consult with the doctor if you are currently taking any other prescribed medications daily.
3. Due to prolonged drowsiness from the medications, you must be accompanied by an adult who must stay in our waiting area while you are being treated and until you are discharged. They CANNOT leave the lobby for whatever reason.
4. This adult must also bring you home and remain with you until you have recovered. In most cases the effects from the medications do not wear off for 24 hours.
5. All minors must be accompanied by a parent or **legal guardian**.
6. TRANSPORTATION through bus, lyft, uber or train are NOT ACCEPTABLE.
7. Wear loose fitted clothing around your neck, arms and abdomen with short sleeves, sleeves that can be easily rolled up past the elbow, and low heeled shoes. Contact lenses, jewelry, makeup and dentures must be removed prior to surgery. Avoid HOODIES/SWEATERS.
8. Visit the restroom one half hour prior to the appointment.
9. You may brush your teeth in your normal fashion as long as you don't swallow any water.
10. You should not drink alcoholic beverages, drive a motor vehicle, operate machinery or use power tools for a period of 24 hours after surgery.
11. If you develop a cold, sore throat, cough or chest congestion, please contact our office prior to your appointment, as these conditions may postpone your anesthesia.
12. Please notify the office 48 hours in advance if you are unable to keep your appointment.
13. Refrain from making important business or personal decisions, or signing important documents for 24 hours.